

Kevin Haselhorst, MD



Emergency physician Kevin Haselhorst (aka DrH4Caregivers) speaks to caregiver support groups, healthcare professionals and spiritual communities about advance care planning, palliative care, and dying with dignity. He explains how end-of-life conversations among patients and caregivers must include

knowing what to think, say and do – before, during and after life-and-death situations.

Rave Reviews

“Your message was taken to heart. Today alone, I have 3 terminally-ill people being put through unnecessary testing and surgeries. Really? This is crazy! Your message needs to be heard.”

Sigrid Nelson, Social Worker

“Thanks for speaking to our caregivers support group. As one member stated, ‘In addition to providing valuable information, he gave me a revelation.’”

Debbie Beahm, Benevilla Resource Specialist

“Your mission is vital to the well-being of those who are very ill and especially to the elderly.”

Clare Goldberry, New Vision Spiritual Growth Center



Let's Connect:



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Choose from these Topics...

All Roads Lead to the ER

Advance Care Planning: Before, During and After Life-Threatening Situations

Advance directives provide little certainty and emotional support for caregivers and healthcare professionals who are committed to saving lives. Most patients are not willing to die and suffer a fate worse than death. The ER becomes the crossroad for life-and-death decisions. Learn the “Rules of the Road” that establish certainty, provide direction and outline best practices for the end-of-life journey.

Just Say “No” to Doctors

Palliative Care 2.0: A 10-Point Plan that Outlines Patient Goals and Personal Values

Patients aren't able to get what they want until they know how to ask for it. Palliative Care 2.0 provides educational tools for patients who wish to leave well enough alone while managing a chronic illness. Dr. H teaches caregivers and palliative care nurses how spiritual well-being beats medical intervention so patients are able to die at home.

Go Your Own Way

Dying with Dignity:

The Peaceful Surrender to Natural Death

There's a crucial moment to every life transition that includes letting go and doing no harm. Dr. H's tips and tools for tough love and spiritual awareness can assist patients who are ready to die and wish to rest in peace. Learn how to make the end of life less of a medical conquest and more of a spiritual journey. The secret to reducing your STRESS is providing COMPASSION to others.

About Kevin Haselhorst

Having practiced emergency medicine for over two decades, Dr. Kevin Haselhorst deals with end-of-life decisions every day, but presents a spiritual twist to end-of-life conversations. He recognizes that patients rarely make their own medical decisions and family caregivers are ill-equipped to refuse medical intervention.

Dr. H is the author of “Wishes To Die For” and “Is Palliative Care Right for YOU?” and publishes Dr. H's Clipboard: twice-a-month email-tips for advance care planning. He moderates DrH4Caregivers: Support groups on Facebook and LinkedIn where caregivers and healthcare professionals share concerns, post articles and offer support. He practices medicine along with yoga in Phoenix, Arizona.