



About Seniors
E.LDER CARE PLACEMENT CONSULTANTS



The 4 Seasons of Caregiving Symposium

Be ready to engage critical conversations at every stage of life

With age comes chronic illness. With illness come tough decisions. Have you thought about death and dying and created an advance care plan that you can express comfortably?

“The 4 Seasons of Caregiving” symposium will help caregivers and healthcare professionals better understand the needs and problems their patients face as time and illness progress. Advance care planning through critical conversations helps shelter loved ones and protect caregivers from unnecessary medical intervention, stress and everlasting grief.



Banner Del E. Webb
Medical Center

Wednesday, February 7, 2018 | 9:00 AM - 2:00 PM

Banner Del E Webb Hospital - Auditorium A & B
14502 W MEEKER BLVD, SUN CITY WEST, AZ, 85375

You will learn:

- “The 4 Seasons of Caregiving”: Anticipate (spring), Awaken (summer), Acknowledge (autumn) and Affirm (winter).
- How to make it easier to discuss life and death matters with loved ones.
- Guidelines for appropriate care based on the patient’s medical conditions and wishes.
- Practical ways to have critical conversations during every season of life.

REGISTRATION IS REQUIRED

PLEASE SEE FULL SCHEDULE ON OTHER SIDE >>>

For more information, please visit our website at
www.AboutSeniorsAZ.com or Call 602-772-6490



Dr. David W. Coon

Associate Dean, Research Initiatives, Support, & Engagement and Professor College of Nursing & Health Innovation at ASU.

After receiving his Ph.D. from Stanford University, he was the Associate Director of the Older Adult Center of the VA Palo Alto Health Care System and the Stanford University School of Medicine and Research Scientist at UCSF/ Mt. Zion Institute on Aging. Dr. Coon designs and evaluates interventions, such as CarePRO and EPIC, that focus on culturally diverse groups of midlife and older adults facing chronic illnesses (e.g., dementia, cancer, depression) and their family caregivers. Several of these empirically based treatments have been recognized by the American Psychological Association, the Substance Abuse and Mental Health Services Administration, the Administration on Aging's Alzheimer's Disease Supportive Services Program, and other entities. A fellow of the Gerontological Society of America and a PLoS Alliance Fellow, Dr. Coon has had his work funded through federal and foundation grants. In addition, he and his community partners received The Rosalynn Carter Institute's 2013 National Leadership Award in Caregiving for CarePRO as well as the ASU President's Medal for Social Embeddedness.



Dr. Kevin Haselhorst

Emergency physician at Abrazo Arrowhead Campus

Kevin Haselhorst, MD, Emergency physician, an expert on advance care planning, speaks to patients, family members and healthcare providers about advance directives, palliative care and dying with dignity. He's the author of "Wishes To Die For", "Is Palliative Care Right for YOU?", and the forthcoming "The 4 Seasons to Caregiving."

Dr. Haselhorst practices at Abrazo Arrowhead Campus. He is a contributing writer for the Arizona Republic's Ask the Expert Column, publishes Dr. H's Clipboard: twice-a-month e-tips for advance care planning. He moderates DrH4Caregivers: Support groups on Facebook and LinkedIn where caregivers and healthcare professionals share concerns, post articles and offer support.

EVENT SCHEDULE: FEBRUARY 7, 2018

8:00 AM - 9:00 AM: Check-in, Vendor Set Up, and Registration

9:00 AM - 9:10 AM: Welcome

9:10 AM - 9:30 AM: Senior Healthcare Landscape
Presented by: LTC - Arizona, Bill Cave, About Seniors, & SHIP Volunteer Counselor

9:30 AM - 10:30 AM: Compassionate End-of-Life Care
Co-Keynote Presented by: Kevin Haselhorst, MD
ER Doctor, Palliative Care & Advanced Directive Expert

BREAK - 15 MINUTES

10:45 AM - 11:45 AM: Caregiver Communication Strategies

Co-Keynote Presented by: David W. Coon, PhD
Associate Dean for Research Initiatives, Support, & Engagement, and Professor in the college of Nursing & Health Innovation at ASU

REFRESHMENT & BOX LUNCH - 40 MINUTES

12:30 PM - 1:50 PM: Interactive Expert Panel

David W Coon, PhD - Kevin Haselhorst, MD,
Christina Cave, About Seniors
Heather Mulder, Banner Alzheimer's Institute
Sylvia Butler MBA/HCA, Hospice of the West,
Lora Johnson, Elder Law Attorney, Johnson & Associates

1:50 PM - 2:00PM: Thank You & Closing
Presented by Regina Ralson, M.Ed, About Seniors